

SATURDAY

Group Fitness Schedule

January 27 - BARRE Studio 2 w/ Mady

March 30 - CARDIO HIP HOP Studio 2 w/ Abbie

February 3 - ZUMBA Studio 2 w/ Preshous

April 6 - INTERMEDIATE YOGA Studio 1 w/ Bailey

February 10 - CARDIO HIP HOP Studio 2 w/ Abbie

April 13 - JUMPSTART Studio 2 w/ Greer

February 17 - CYCLE Studio 3 w/ Michaela

April 20 - BUTTZ & GUTZ Studio 2 w/ Kaitlyn

February 24 - LIIT Studio 2 w/ Greer

April 27 - RESTORATIVE YOGA Studio 1 w/ Bailey

March 2 - PILATES Studio 1 w/ Bailey

May 4 - ZUMBA Studio 2 w/ Preshous

March 23 - INTERMEDIATE YOGA Studio 1 w/ Bailey

All Classes will be held from 10-10:45 am. Class format and studio location will rotate each week.

