

STUDIO 1

STUDIO 2

STUDIO 3

JUNE 1-JULY 2

GROUP FIT SUMMER CLASSES



Mon 8-8:45 AM | Jump Start
Andrea

Mon 5:30-6:15 PM | Strength Pilates
Andrea

Mon 6:30-7:15 PM | Mixed Levels Yoga
Teya

Weds 5:30-6:15 PM | Cycle 45
Ally

Thurs 8-8:45 AM | Jump Start
Andrea