

EMPLOYEE OF THE MONTH



KARLY COX
PERSONAL TRAINER/BUILDING SUPERVISOR

MARCH
2026

Karly is an outstanding personal trainer. She has gone above and beyond to help her clients achieve their goals. She is organized, dependable, and proactive in everything she does, always showing up with a positive attitude and a willingness to take on new challenges. Over the past few months, Karly has also stepped up to serve on a search committee for a new full-time staff member, where her time, dedication, and thoughtful input have made a meaningful impact. Karly is truly an asset to our Rec team. Thank you and congratulations, Karly!