



BECOME A PERSONAL TRAINER

Learn how to become a personal trainer using the material from the National Academy of Sports Medicine (NASM®). You'll learn the concepts to design customized workouts and gain skills to guide clients through a training program. This prep-course, along with the online resources, will prepare you for the national examination.

**Register NOW in
the Rec Services
Admin office**

INCLUDED

- ✓ NASM® Online student portal
- ✓ Exam & retest voucher
- ✓ 8 weeks of classroom/practical learning
- ✓ 2 weeks of mock sessions for potential employees



Course Dates: Sept 14 - Nov 18

Register by Sept 9

Student Rate: \$550

***Payment plans available**

Questions? Contact Hallie (hstevens@ksu.edu)