

## **BASKETBALL FREE THROW RULES**

1. A team consists of 4 people.
2. Co-Rec teams consist of 2 men and 2 women.
3. Individual entries will be accepted.
4. Teams and individuals will choose a time during sign up.
5. Men will shoot with a regulation size basketball. Women will shoot with the smaller basketball.
6. Shooters may use their own ball, if approved by the tournament director.
7. Each participant is allowed 3 warm up shots prior to each round.
8. In the first round each participant will be given 25 free throw attempts. If the participant makes 15 or more free throws in the first round, he or she will be given 25 additional attempts.
9. An individual's total score includes all baskets made (50 maximum). A team's total score includes all baskets made by the 4 team members (200 maximum).
10. Team points will be compiled in the following manner: One point is awarded for each person who is entered and participates. In addition, points are awarded to the top five team places in each division in the order of 20, 16, 12, 8, and 4. Bonus points will be awarded for the five best individual performances in each division on the basis of 5, 4, 3, 2, and 1.